<u>Peaced Together Enterprise</u> is a friendly craft-selling collective which provides an opportunity for women to continue using their creativity and developing craft skills beyond the end of the course.

The course is supported by Heworth Methodist Church and volunteer helpers.

Taster sessions are free of charge, but donations for refreshments would be appreciated.

contacts: Facilitator: Shirley Bamford

Heworth Methodist Church, Heworth Village, Heworth, YO31 1AE

Alyson Christy 0798 5272473

heworth.methodist@gmail.com



Starting soon in Heworth...

Peaced Together is a 10 week creative arts course with a difference.....

The Peaced Together course comes from the belief that *good can come from negative and difficult experiences*. Using five themed craft projects, the course encourages women to reflect on their lives and set out on a personal journey from brokenness to hope.

Each project helps the group explore topics such as *beauty, peace with the past.* 

Up to **ten women can attend** each course. Each of the Tuesday evening Sessions last for two hours.



We will be encouraged in our time together by Shirley and Sally – both have trained as Peaced Together facilitators.

To ensure everyone can benefit fully from Peaced Together, it is helpful if each person can commit to attending the whole course.

Read on to find out more and how to sign up for one of the taster sessions this autumn.

What happens at the sessions?

At each session, we use the time to look at a particular theme, discuss our experiences and get stuck into the craft activity. The atmosphere is relaxed and friendly, and there are volunteers on hand to offer help with craft activities if needed.

Peaced Together themes include:

- Broken not rubbish
- Beauty
- Thankfulness
- Hope and courage
- Love
- · Patience and self-control
- Choices
- Peace with the past
- Peace with the future.
- Recording the journey

At the beginning of the course, participants are given a 'Scrapbook Journal' to help them creatively process thoughts and ideas from the sessions. The Scrapbook Journal is a personal project so each participant can decide whether to share it with others.

## After the course

At the end of each course a celebration and exhibition of the work that has been produced is held and participants are presented with a certificate. To find out more, please contact: Shirley, Sally or Alyson via <u>heworth.methodist@gmail.com</u> with 'Peaced Together' in the Subject line of your email.

If you would like to reserve a place on one of the Taster sessions, please complete the form below and return to Heworth Methodist Church, Heworth Village, YO31 1AE

$\times$
Full name:
Contact number:
Address:
Please reserve me a place for the Taster Session being held between 7pm – 9pm on:

- □ Tuesday 5<sup>th</sup> October OR
- □ Tuesday 9<sup>th</sup> November

What interests you about Peaced Together? .....

The full course, all on Tuesday evenings, will last 10 weeks, starting on January 25<sup>th</sup> until April 5<sup>th</sup> with a midterm break in February.

Session dates: January 25<sup>th</sup>, February 1<sup>st</sup>, 8<sup>th</sup>, 22<sup>nd</sup>, March 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> April 5<sup>th</sup>



The Peaced Together course (all 10 sessions) will cost £20 per person (if waged) or £10 (if unwaged).